

Seneca College Audio-Visual Services Recommended Video/DVD List For:

## Women's Issues

To find other videos in this subject area on the online catalogue, use the following terms:

Feminism	Women in advertising
Body image in women	Working mothers
Women – Canada – Social conditions	Girls - Developing countries
Women – Canada – Economic conditions	Female circumcision.
Sex discrimination against women	Women – Crimes against
Abortion	Rape
Aged women	Sexual harassment

### **The accused (DVD)**

PN1997 .A188 2002

110 minutes

A fiercely independent woman is gang raped, and then battles the legal system twice, going after both her attackers and the onlookers whose cheering fuelled and encouraged the assault.

### **After the Montreal massacre**

HV6535 .C33 M643

28 minutes

Important documentary of an unique event that happened December 6, 1989 at Ecole Polytechnique in Montreal when Marc Lapine opened fire on women students. Sylvie Gagnon student survivor presents testimony of that day.

### **AIDS & women: the greatest gamble** *King Campus*

RC607.A26 A35618 1993

26 minutes

This program focuses on five very different women who are living and coping with HIV. In candid interviews, the women discuss how they were infected with the virus, their reactions to their diagnosis, and how they are dealing with a wide variety of emotions. Three of these women are also mothers, and interviews with their children provide additional insight into how AIDS affects relationships with family and friends.

### **Almost normal stories from the well within (DVD)**

HV1569.3.W65 A56 2004

46 minutes

Storyteller and folklorist, Dr. Seana Kozar is a woman with an invisible disability. When she was born with cerebral palsy, her parents were told she would never enjoy a full life. But when she was just 19, she was offered a fully funded spot in a Ph.D. program. In *Almost Normal*, Seana takes a deeply personal journey with four other women whose disabilities - attention deficit disorder, auditory disability, bipolar affective disorder, reflex sympathetic dystrophy (RSD), rheumatoid arthritis and asthma - are as diverse as their life experiences. They discuss the challenges they have encountered in the workplace, education and home and the coping strategies they have developed to survive.

### **Amazing grays**

HQ1061 .A52 1998

20 minutes

Presents highlights from a meeting of the Amazing Grays. These women gather once a year on Vancouver Island to celebrate aging. Several participants speak candidly about the aging process, the force of gravity, menopause, cronehood, role models, life passages and feminine spirituality.

**And we knew how to dance**

D639.W7 A52 1993

57 minutes

The wartime accomplishments of women in World War I are celebrated in this video. Twelve Canadian women, aged between 86 and 101, recall their entry into what had formerly been a "man's world" of munitions factories and farm labour.

**Angry girls (DVD)**

BF575.A5 A547 2004

54 minutes

Tells a story of teenage girls living in Toronto's inner core, raised in shelters and housing projects. These girls feel so isolated and disconnected that joining a clique or gang becomes the only way to belong. For them violence is empowerment. The film looks at the sources of their violence : racial tension, family problems and some programs that help them cope and overcome their destructive behaviour.

**At my mother's breast (DVD)**

RC280.B8 A86 2005

56 minutes

The filmmaker's mother, grandmother, and great-grandmother all had breast cancer. She has lived for most of her life knowing that she might be next. Instead of reacting with denial, she decided to explore her feelings of grief and fear with the other women of her family.

**A balancing act**

HD4904.25 .B3 1992

24 minutes

Finding a way to strike a healthy balance between the personal and the professional can mean the difference between constant stress and a happy, fulfilling life for working men and women. For employees, it can mean the difference between poor job performance and increased productivity.

**Bangkok girl (DVD)**

HQ242.55 .A5 B36 2005

43 minutes

Jordan Clark's tragic documentary provides a glimpse into Thailand's notorious and booming sex tourism industry through the experiences of a 19-year-old bar girl named Pla. A daring and unabashed look at a popular Western predilection through the eyes of one girl, this film challenges the accepted worldwide practice of sex tourism.

**Barbie nation**

NK4894.3.B37 B47 1998

54 minutes

Journeying from Barbie conventions to anti-Barbie demonstrations, from girls' play dates to Barbie web pages, Barbie nation plumbs the cult of the Barbie doll, telling the Barbie stories of diverse men, women and children.

**Battling eating disorders (DVD) *King Campus***

RC552.E18 B388 2006

29 minutes

Explains how to recognize eating disorders, how friends and loved ones should communicate their fears and concerns, and how those who suffer from these often fatal illnesses can find professional help. Special emphasis is placed on identifying anorexia, bulimia, and binge eating as actual diseases, not as misguided lifestyle choices -- a realization necessary for effective treatment.

**The beauty backlash (DVD)**

HQ1219 .B43 2007

30 minutes

Aired as a segment on the Money Programme – With its "Real Beauty" information and marketing campaign, the Dove brand struck a chord with women skeptical of unhealthy or absurd standards of attractiveness. But did the campaign have the widespread impact Dove intended? And what are the implications for the global cosmetics and fashion industries? This program investigates consumer reactions against the idealized images of beauty promoted by TV, movies, and glossy magazines, while exploring the complex relationship between corporate strategy and feminine self-esteem. High-level insights concerning Dove, L'Oreal, and advertising giant Saatchi & Saatchi provide a fascinating departure point for a socioeconomic discourse.

**Beauty mark**

RC552.A5 B43 2009

53 minutes

Diana Israel, a Boulder-based psychotherapist and former champion triathlete, talks candidly about her long and agonizing personal struggle with eating disorders and obsessive exercising, fearlessly confronting her own painful past as she attempts to come to terms with American culture's unhealthy fixation on self-destructive ideals of beauty and competitiveness. The film lends context to Israel's personal odyssey with fascinating insights from athletes, bodybuilders, fashion models, and inner-city teens, as well as prominent cultural critics and authors.

**Beyond killing us softly: the impact of media images on women and girls**

HF5827 .B39 2000

34 minutes

A documentary about the fight against the toxic and degrading messages to women and girls that dominate the media. The film presents the leading authorities in the fields of psychology of women and girls, eating disorders, gender studies, violence against women, and media literacy -- and focuses their ideas on practical solutions and the best tactics for reclaiming our culture.

**Black mother, black daughter**

FC2350 .B5 B56

29 minutes

A moving testament to black women who have struggled for over 200 years to create and maintain a home and community in Nova Scotia.

**Brain sex**

QP81.5 .B72 1992

150 minutes, 3 videocassettes

Part one demonstrates how the animal behaviour of men and women differs well before the influences of the environment are felt. Part 2 examines the difference in the architecture of men's and women's brains and how this leads to differences in ability between sexes. Part 3 looks at how brain sex differences affect our personal relationships.

**Breakin' in: the making of a hip hop dancer**

ML3531 .B73 2005

57 minutes

Breakin' in follows three young black women as they compete for roles in hip hop music videos, whose popular images promote a billion-dollar industry that's worldwide. These highly sexualized videos tend to depict dancers as eye candy, with lyrics that seem to demean and stereotype women. The dancers speak candidly about their concepts of beauty and self-image, and of a thriving urban culture that makes being black "cool."

**The business of being born (DVD) *King Campus***

RG524 .B87 2008

84 minutes

Inspired by their own unique birth experiences, producer Ricki Lake and director Abby Epstein team up to provide a nation of mothers-to-be with insight into the process of childbirth and the various options available when preparing for this special event. From pregnancy to the miraculous moment of birth, an informative celebration of the road to motherhood.

**China from the inside**

DS779.2 .C45 2006

240 minutes

A series of four documentaries that survey China through Chinese eyes to see how history has shaped them, and where the present is taking them. Deals with the governance of China; talks about the past and future for Chinese women; looks at China's environmental challenges; explores China's conflict between personal freedom and governance.

**Cover girl: culture awakening the media generation *York Campus***

HV6558 .D3675 2000

18 minutes

An examination of how advertising and the cult of celebrity have deeply and negatively impacted teens and young women.

**Daisy, the story of a facelift *York Campus***

RD119.5 .F33 1982

58 minutes

Using a probing yet playful approach, this documentary examines the values that prompt people to alter their looks through cosmetic surgery. Personal accounts of men and women, young and old, who have decided to change their bodies are counterbalanced by comments from professionals who explain the effects of physical appearance on their lives. The film focusses mainly on the experiences of Daisy de Bellefeuille who decides to counter middle age with a facelift. Provides a front-row seat during a facelift operation, as well as a close-up look at the results.

**Date rape: harsh reality *King Campus***

HV6558 .D3675 2000

18 minutes

Distressing and eye-opening dramatization of a university student who is raped by someone she trusted. Educates men and women, and dispels the naiveté that is sometimes part of youthful dating. Interspersed with recollections by both the victim and the rapist, this program illustrates how to avoid situations that can lead to date rape.

**Daughters of the country**

E98.W8 D38 1987

228 minutes, 2 videocassettes

Provides stories that portray experiences of Indian women in Canada.

**The day my God died (DVD)**

HQ240.B6 D39 2004

53 minutes

The Day My God Died is a feature-length documentary that presents the stories of young girls whose lives have been shattered by the child sex trade. They describe the day they were abducted from their village and sold into sexual servitude as, 'The Day My God Died.' The film provides actual footage from the brothels of Bombay, known even to tourists as 'The Cages,' captured with 'spy camera' technology. It weaves the stories of girls, and their stolen hopes and dreams, into an unforgettable examination of the growing plague of child sex slavery. Through the film we come to know victims such as Gina, sold into sex slavery at age 7 and beaten with sticks and aluminum rods. Anita, lured by a friend then drugged and sold at age 12, was beaten and threatened that she would be buried alive. Girls are gang-raped, beaten and forced to service up to 20 clients a day as they are held in perpetual sexual servitude. The film also introduces us to the heroes of the movement to abolish child sex slavery, non-profit organizations which rescue and care for former sex slaves. Some victims have emerged to form their own underground railway out of slavery. Maili, trafficked at 19 along with her infant daughter, risks her life to help other girls. We see Jyoti, sold at age 12, lead a raid on a brothel resulting in the rescue of seven girls and the arrest of two brothel owners. Children are the commodity consumed by the voracious and sophisticated international sex trade. Recruiters capture them, smugglers transport them, brothel owners enslave them, corrupt police betray them and customers rape and infect them. Every person in the chain profits except for the girls, who pay the price with their lives. Sexual servitude is a virtual death sentence. In Bombay alone, 90 new cases of HIV are reported every hour and the girls suffer an 80% HIV/AIDS infection rate. The Day My God Died documents the tragedy of child sexual slavery and profiles the courageous abolitionists that need our support.

**Dishonour defied (DVD) York Campus**

HQ1236.5.P18 D57 2008

56 minutes

Five years ago a woman was gang raped in a remote village in Pakistan. Unlike many women before her, Mukhtar Mai decided to confront her assailants. She defied the conventional thinking and fought back. She took her battle to the highest courts in Pakistan. Mai became an international figure and now runs schools for children in her native village. Dishonour Defied is the story of how Mai made a life with courage after the tragedy that befell her. It's also the story of other women and girls struggling for their rights in Pakistan in the wake of the Mai case. This extremely timely film, directed by emerging filmmaker Azra Rashid, deals with the courageous rape survivor Mukhtar Mai and women's rights in Pakistan.

**Domestic violence: portrait of abuse (DVD) King Campus**

HQ809 .D66 2008

57 minutes

A powerful and compelling series that not only raises our social awareness of the effects and cycles of domestic violence but digs into the psyche of both the victim and aggressor to better understand how a new outcome can be realized. Using interviews with actual battered women and abusers, the programs offer helpful and practical advice from survivors, healthcare personnel, shelter advocates, social workers, and prosecutors.

**Domestic violence & young adults**

HQ809.3.U6 D66 1995

23 minutes

Looks at dating violence, from physical attacks to mental and emotional abuse. Examines key causes of youth dating violence, from pervasive media messages to behaviour patterns often inflicted on the abuser at home.

**The double shift**

HQ1236 .D68 1996

48 minutes

Questions whether women can achieve equality as long as they are expected to bear an unequal share of the work at home. Follows a number of women to see how the double shift affects their life. Hosted and narrated by Susan Sarandon.

**Dreamworlds 3: desire, sex & power in music video (DVD) York Campus**

PN1992.8.M87 D744 2007

54 minutes

A look at how the narratives of music videos shape individual & cultural attitudes toward femininity, masculinity, sexuality and race.

**Dying to be thin (DVD)**

RC552.E18 D95 2000

60 minutes

Looks at the eating disorders anorexia nervosa and bulimia, current treatments, and the American obsession with thin women. Interviews health experts and models, ballet dancers, and other young women who are seeking recovery or have conquered their disease.

**Evening the odds: the story of the girl child**

HQ777 .E95 1996

30 minutes

Three situations faced by girls around the world: early marriage, prostitution and female genital mutilation. Explores Canadian responses to global gender inequalities.

**Finding Dawn Aboriginal Student Services Centre**

HV6535.C3 F56 2006

73 minutes

Finding Dawn gets its title from Dawn Crey, one of the estimated 500 Canadian Native women who have gone missing or have been murdered in the last thirty years. Illustrates the deep historical, social and economic factors that contribute to the epidemic of violence against Native women in Canada and presents the message that stopping that violence is everyone's responsibility.

**Gender and sexuality (DVD)**

BF692.2 .G45 2001

30 minutes

Explores the distinction between the terms sex and gender and describes the similarities and differences between men and women.

**Gender tango**

HQ1236 .G46 1996

48 minutes

Examines the cultural conditioning of the sexes and poses the question, what is the true nature of femininity? Features: child beauty contests in the US; Maria an Avon Lady who earns her living selling cosmetics by canoe on Amazonian backwaters; Billy Tipton, a famous jazz musician, who lived her life as a man in order to be accepted into the male world of jazz; two societies in the South Pacific - one that treats women as dangerous, almost evil beings, and another whose women live with power and dignity.

### **Generation M: misogyny in media and culture**

HQ1233.G46 2008

60 minutes

Despite the achievements of the women's movement over the past four decades, misogyny remains a persistent force in American culture. In this important new documentary, Thomas Keith, Professor of Philosophy at California State University, Long Beach, looks specifically at misogyny and sexism in mainstream American media, exploring how negative definitions of femininity and hateful attitudes toward women get constructed and perpetuated at the very heart of our popular culture. The film tracks the destructive dynamics of misogyny across a broad and disturbing range of media phenomena: including the hyper-sexualization of commercial products aimed at girls, the explosion of violence in video games aimed at boys, the near-hysterical sexist rants of hip-hop artists and talk radio shock jocks, and the harsh, patronizing caricatures of femininity and feminism that reverberate throughout the mainstream of American popular culture. Along the way, Generation M forces us to confront the dangerous real-life consequences of misogyny in all of its forms--making a compelling case that when we devalue more than half the population based on gender, we harm boys and men as well as women and girls.

### **The glass ceiling**

HD6060.5 .C2 G58 1992

28 minutes

Presents five women who must use strategy, humour and determination on a daily basis in an effort to attain an equitable place in their respective work settings.

### **Grandmothers: the unsung heroes of Africa (DVD) *King Campus***

RJ387.A25 G73 2006

29 minutes

A moving film highlighting the crucial role grandmothers play not only in caring for AIDS orphans but also in holding their families and communities together. Through intimate portraits of four African grandmothers, the film invites the world to listen to their stories and take action. Four grassroots projects in South Africa, Kenya, Uganda and Zambia run by remarkable community-level organizations are profiled in the film.

### **Half the people**

HQ1154 .H224 1999

60 minutes

Shows how women broke down barriers to govern nations, lead corporations and confront the abortion issue. See the slow transition from domestic denizens to world leaders, beginning with the Women's suffrage movements in 1920 through today's generation of empowered women.

### **Handling a sexual harassment investigation (DVD)**

HF5549.5.S45 H36 2005

21 minutes

Looks at a company's legal responsibility to prevent and deal with sexual harassment incidents, examines policies and procedures that should be followed when investigating allegations of sexual harassment, and discusses how to interview apparent victims, alleged harassers and potential witnesses.

### **Hear what we are saying**

RC451.5.A2 H43 1995

53 minutes

A documentary about individual racism and systemic racism in the mental health system. Analyses the current mental health system in Ontario and exposes the limitations of Western psychiatry and its application to ethno-racial communities, particularly women of colour.

**Heaven on Earth**

PN1995.9.C33 H426 2009

106 minutes

Drama which "highlights the isolation and disappointment faced by a family of Punjabi immigrants to Canada. When Chand arrives in Brampton, Ontario to meet her new husband, she leaves behind a loving family and supportive community. Now, in a new country, she finds herself living in a modest suburban home with seven other people and two part-time tenants. Inside the home, she is at the mercy of her husband's temper, and her mother-in-law's controlling behaviour. After a magic root fails to transform her husband into a kind and loving man, Chand takes refuge in a familiar Indian folk tale featuring a King Cobra".

**Her brilliant career (DVD)**

HD6054.3 .H47 2005

50 minutes

Her Brilliant Career examines discrimination in the workplace and politics, and introduces the viewer to a controversial program for women executives.

**Hollywood harems**

PN1995.9.D6 H65 1999

25 minutes

Examines Hollywood stereotypes of the East, with particular attention paid to the Middle East and the depiction of women of the East. Juxtaposing film clips from the 20s through the 80s, the filmmaker argues these fantasies have worked both to shape and reinforce often derogative assumptions about the peoples of the East while at the same time reinscribing the moral, spiritual, and cultural supremacy of the Anglo-European West.

**In our defence *King Campus***

HV6626.23.C2 I5 1991

29 minutes

Examines Hollywood stereotypes of the East, with particular attention paid to the Middle East and the depiction of women of the East. Juxtaposing film clips from the 20s through the 80s, the filmmaker argues these fantasies have worked both to shape and reinforce often derogative assumptions about the peoples of the East while at the same time reinscribing the moral, spiritual, and cultural supremacy of the Anglo-European West.

**It's a girl's world (DVD)**

BF637.B85 I87 2004

67 minutes

A documentary about social bullying -specifically how girls use their power to hurt each other. It takes us inside the tumultuous relationships of a clique of popular 10-year old girls. It also tells the tragic story of a 14-year-old girl who killed herself after enduring months of rumours and verbal threats.

**Keepers of the fire *Aboriginal Student Services Centre***

E98.W8 K44 2007

54 minutes

An aboriginal proverb says that no people is broken until the hearts of its women are on the ground. Presents the stories of aboriginal women who have participated in important aboriginal struggles in Canada. Mohawk women tell of their role in the 1990 crisis at Oka. Haida women reminisce about their stand on the picket lines and their arrests in the action that stopped logging on Lyell Island in the Queen Charlottes. Maliseet women recall their campaign, lasting eight years, that changed the Indian Act to accord status and rights to all Indian women. Native women in Toronto who run a native women's shelter speak of their roles and what they have learned helping urban native women.

**Killing us softly 3 (DVD)**

HF5827 .K539 2002

34 minutes

Discusses the manner in which women continue to be portrayed by advertising and the effects this has on their images of themselves. Sequel to: Killing us softly (c1979) and Still killing us softly (c1987) both produced by Cambridge Documentary Films.

**Kim Campbell, through the looking glass (DVD) York Campus**

FC631.C34 K56 2000

70 minutes

Briefly looks at Kim Campbell's early life, her entry into local and provincial politics and then focuses on her career at the national level including her victory in the Progressive Conservative party leadership campaign in 1993 and loss in the election a few months later.

**Let her die**

HQ777 .L47 1993

55 minutes

Tells the shocking story of how traditional culture combined with Western technology is responsible for India's twenty-five million missing females. Newborn girls are killed by parents in rural India daily. Those who can afford the fee of sex-determination clinics abort female fetuses because girls have little value and are expensive to raise in the Indian society.

**Life with Billy / Life after Billy (DVD)**

HV6626.23.C2 L54 1992

60 minutes

Life with Billy: This program reports on events leading up to the murder of Billy Stafford, a cruel and sadistic husband who brutalized his wife and children for years. When Jane Stafford shot her husband while he slept, she was arrested and offered a plea of manslaughter. Through interviews with Jane, her lawyers, citizens, and the police, we follow this case to its precedent-setting conclusion. Life after Billy: Jane Stafford's trial in Nova Scotia received national attention. For the first time in Canadian history the battered wife syndrome was used as a defense for murder. In mid-February 1992, Jane died as a result of a gunshot wound, which the coroner reported as probable suicide. Those closest to Jane Stafford do not believe she took her own life.

**Lilith Fair: a celebration of women in music (DVD) York Campus**

ML82 .L55 2000

90 minutes

Presents Lilith Fair, the first all-women music tour (initiated by Sarah McLachlan) along with backstage highlights and documentary footage of the artists.

**Listening for something**

PN6109.9 .L575 1996

57 minutes

Asks the question: where do women fit in the state and the nation? Adrienne Rich, noted American feminist poet, and Dionne Brand, a Trinidadian-Canadian feminist poet, writer and filmmaker, discuss citizenship, racism, exile and feminism, offering honest open-ended critical analysis of world events. Their conversations offer insight into their work and the places from which they come.

**Living for others: the life stories of older women in Saskatchewan King Campus**

HQ1064.C38 L56 1995

30 minutes

Features older women in Saskatchewan who talk about their lives and their struggles. They talk about family caregiving in the 90's from the point of view of older caregivers and the implications of this on their own health.

**Living on a shoestring: the life stories of older women in Saskatchewan King Campus**

HQ1064.C38 L577 1994

30 minutes

Features older women in Saskatchewan who talk about their lives and their struggles. Examines the experience of poverty among older women, the implications for women in the future, and steps towards improving the economic status of women.

**Living our lives: the life stories of older women in Saskatchewan King Campus**

HQ1064.C38 L58 1993

30 minutes

Features older women in Saskatchewan who talk about their lives and their struggles. Discusses how attitudes towards older women often undermine the contributions they make to our society.

**A love that kills** *King Campus*

HQ801.83 .L685 1999

20minutes

Tells the story of Monica, a nineteen-year-old woman who was murdered by her former boyfriend. Helps to identify the warning signs of partner abuse, especially in young people, and the damage it causes emotionally and physically.

**Me and the mosque (DVD)**

BP173.4 .M5 2005

52 minutes

Journalist and filmmaker Zarqa Nawaz visits mosques throughout Canada and talks to scholars, colleagues, friends and neighbours about equal access for women.

**Men, women and the brain (DVD)**

QP376 .E86 2003

57 minutes

Are certain differences between men and women innate, or are they the end-product of experience? In this program, specialists from the National Institute of Child Health and Human Development, the University of Pennsylvania, Kennedy Krieger Institute, and McMaster University define and explore a number of the intriguing and sometimes puzzling differences between the brains of men and women.

**Missing women: female-selective abortion and infanticide (DVD)**

HQ755.83 .M57 2006

54 minutes

In India, Pakistan, and China, being born a girl can be an instant death sentence. This program unflinchingly examines the cultural, economic, and political reasons for the systematic elimination of females in Asia and considers the implications of the dramatic demographic disruption that will likely occur as a result of this growing imbalance between the sexes. The use of amniocentesis and ultrasound scans to identify female fetuses for abortion is investigated, as are the practices of newborn abandonment and infanticide by a parent or a hired baby girl killer.

**Mohawk girls (DVD)** *Aboriginal Student Services Centre*

E99.M8 M64 2006

53 minutes

In MOHAWK GIRLS, filmmaker Tracey Deer intimately captures the lives of three exuberant and insightful Mohawk teenagers as they face their future. Like Amy, Lauren and Felicia, Deer grew up on the Kahnawake Native Reserve, but she left to attend school. Now, she returns to document two critical years in the lives of these teens who are contending with the unwritten rules of their close-knit community. To move away from the reserve means risking the loss of credibility, or worse, rights as a Mohawk. But to stay is to give up the possibilities offered by the "outside world." With insight, humor and compassion, Deer takes us inside the lives of these three teenagers as they tackle the same issues of identity, culture and family she faced a decade earlier. Interspersed with home videos from Deer's own adolescence, MOHAWK GIRLS is a deeply emotional yet unsentimental look into what it means to grow up Native at the beginning of the 21st century.

**Momentum 2004-2005 smudge (DVD)** *Aboriginal Student Services Centre*

E78.C2 M66 2006

13 minutes

Smudge witnesses how a small group of Aboriginal women celebrate their rights to worship in the city, their way.

**(DVD)** *York Campus*

PN1997.2 .M66 2005

120 minutes

It is the time for the young girls of a village to be "purified" by ritual circumcision. The women know that many girls die after the operation, but the men of the village insist on the ceremony. Since the village men will not marry an un-cut woman, the older women insist on the ritual, too, as their daughters must find husbands. Colle has kept her daughter from being circumcised, and several of the girls go to her for refuge. Colle agrees to help them, and she invokes "moolaade," a form of sanctuary.

**Mother and daughter on abortion**

HQ767 .M74 1987

13 minutes

Examines the intense emotional stress of deciding to terminate a pregnancy; about their difficulties in obtaining an abortion and how different decades, each got caught in the legal system.

**My left breast** *King Campus*

RC280.B8 M95 2000

57 minutes

With startling honesty and immediacy, Newfoundland filmmaker Gerry Rogers began filming her ordeal with breast cancer the moment her hair started falling out from chemotherapy. You are with her at 4 in the morning when she expresses her deepest fears and her most intimate feelings; she takes you to her doctor's appointments and family gatherings; you are in the chemo room as the toxic red liquid is pumped into her body; you are in the radiation chamber as she gets zapped with the equivalent of 10,000 chest x-rays; you join in the singing and magic of the most joyous Christmas party; you attend the pot-luck wig hair-raiser which she organizes in defiance of cancer. You are there as Gerry lives life with her partner Peggy, who nurses, films, & loves her.

**Nadia's journey (DVD)** *Markham Campus*

HQ1791.5 .N335 2007 DVD

72 minutes

As a young woman, Nadia Zouaoui vowed that her suffering would not be in vain. When she was 19, her parents forced her into an arranged marriage with an Algerian man twice her age living in Montreal. He chose her based on a photograph. Years later, she returns to Kabylie, Algeria to see if things are any different. This is her journey into the patriarchal culture backed by strict Muslim tradition and the cruelty endured by so many girls and women held captive in their homes.

**Afghanistan and the rights of women (DVD)**

**News in review May 2009**

D848 .C17 2009 May

14 minutes

One of the goals of Canada's mission in Afghanistan is to try to improve the rights of women. But that campaign was dealt a blow when the Afghan government unveiled some controversial legislation. The legislation would make many women financially and sexually subservient to their husbands. In this News in Review story we'll examine why the Afghan government did what it did and look at the angry reaction.

**No time to stop: stories of immigrant and visible minority women**

HD6068.2 .C2 N6 1990

30 minutes

Three women present the complex issues facing immigrant women who work in job ghettos.

**No way! Not me**

HQ1457 .N6

30 minutes

Noted Canadian feminist and educator Rosemary Brown speaks to high school students about the social and economic realities of women's poverty.

**Not for ourselves alone: the story of Elizabeth Cady Stanton & Susan. B. Anthony**

HQ1413.S67 N67 1999

210 minutes, 2 videocassettes

Tells the story of the friendship and work of suffragists Elizabeth Cady Stanton and Susan B. Anthony. Closed captioned.

**The other side of the picture (DVD)**

N6540 .O84 1999

53 minutes

Takes us into the homes and studios of artists such as Mary Pratt, Joyce Weiland, Jane Ash Poitras and Landon Mackenzie, who address the question of inequality in the art world. Traversing the last two centuries of women's art history, this film offers provocative comment on why we are still missing "the other side of the picture".

**Packing heat (DVD) York Campus**

HV6250.4.W65 P32 1996

49 minutes

"This lively documentary looks at why women want to carry firearms, and at the ethical and practical implications of a gun in every purse".

**PicturePerfect (DVD) King Campus**

P94.5 .W65 P53 2002

40 minutes

This video explores and challenges stereotypical and distorted media depictions of girls and women. Diverse girls and women - who are often unheard in the media - candidly share their thoughts.

**Powder room King Campus**

HQ1206 .P68 1996

50 minutes

Originating from the director's observation that women trade secrets with friends and strangers in public washrooms, this innovative and candid documentary takes us to high school bathrooms, seniors centres' powder rooms, Newfoundland dance halls, New York nightclubs, a sauna in Copenhagen, a Casablanca hammam and cou - - , they confess their joys, their frustrations and their pain about, love, sex, relationships with men and friendships with each other.

**Presenting medical evidence in an adult rape trial King Campus**

KF9329.A73 P73 2002

110 minutes

Explores the presentation of medical evidence in an adult victim rape trial.

**Pretenders**

HQ767.5.C2 P73 1991

20 minutes

W-Five investigates the tactics used by a chain of pregnancy centres that are part of a pro-life organization. the centres are affiliates of care Net; providing the type of information women in crisis are given, whether scare tactics are being used and how up-front crisis pregnancy centres are about the services they offer.

**Preventing sexual harassment...for employees (DVD)**

HF5549.5.S45 P74 2005

17 minutes

Discusses various forms of sexual harassment, explains how to avoid inadvertently sexually harassing someone and reviews the procedures employees should follow if they feel that they or a coworker are being sexual harassed.

**Preventing sexual harassment...for managers and supervisors (DVD)**

HF5549.5.S45 P748 2005

17 minutes

Looks at behaviors and actions that can constitute sexual harassment, discusses why managers and supervisors must pay particular attention to what they say and do, and examines how to recognize sexual harassment in the workplace.

**Prostitution, sex and the law (DVD)**

HQ148 .P76 1994

50 minutes

This program examines how prostitution operates in spite of the laws banning it.

**Rape: get the facts (DVD)**

HV6561 .R38 2004

23 minutes

Presents the legal, medical, psychological and sociological facts about rape. Doctors, judges, social workers, detectives, victims rights advocates, self-esteem experts, and rape survivors all contribute information and perspective.

**Rights & wrongs: women under attack**

JC571 .R547 1994 v.3

30 minutes

Discusses such human rights issues as rape and its use as a "weapon of war", and female mutilation as it relates to cultural and religious reasonings. Also covers what action is being taken to eradicate these injustices.

**Right out of history: the making of Judy Chicago's Dinner Party**

NK4605.C45 R53 1981

50 minutes

Documents the creation of The Dinner Party, an artistic tribute to women of achievement throughout history. Consisting mainly of painted ceramics and needlework, the exhibit was conceived by feminist artist Judy Chicago and created through the cooperative efforts of numerous women and men during the late 1970's. Those working on the project talk about their feelings and the reactions of viewers are presented.

**A room full of men (DVD)**

HV6626 .R66 1991

48 minutes

Originally produced in 1991. Examines male violence towards women by following three men with a history of abuse who have joined a program to help them stop their abusive behavior.

**Rosies of the north *York Campus***

TA157 .R67 2006

47 minutes

Traces the story of a group of women whose lives were changed by their experiences. They describe with wit and humour their role in the production of the Hurricane and Helidiver fighter planes. The film also tells the story of Elsie MacGill, Chief Aeronautical Engineer at Canadian Car and Foundry, the first woman in Canada to graduate with an engineering degree and the first woman in the world to design an airplane.

**Sex crimes solving the puzzle *King Campus***

HV8079.S48 S47 2003

27 minutes

This program deals with the first officer responsibilities at a scene where a sex crime has been committed. Discusses support of the victim, scene protection, the sexual assault evidence kit, sexual assault care centres and provides information on the Sex Crimes Unit and the Sex Offender Registry.

**Sexual assault**

HV6558 .S486 1992

81 minutes

Based on a conference organized by the Ontario Provincial Police. For police officers and community social workers.

In program 1, a victim of sexual assault recounts her story and describes the treatment she received from police. Program 2 is a workshop showing why it is difficult for rape victims to discuss their experiences. Describes post-traumatic stress syndrome. Program 3 describes specific ways in which professionals can support victims of sexual assault.

**Sexual assault investigation: "first officer on scene" *King Campus***

HV6558 .S486 1992

81 minutes

This program deals with the first officer responsibilities at a sexual assault, and how to support and work with a victim.

**Sexy Inc.: our children under influence (DVD)**

HQ784.M3 S49 2007

36 minutes

Analyzes the hypersexualization of our environment and its noxious effects on young people. Experts criticize an unhealthy culture created by advertising and the media, and the many examples shown illustrate how children are reduced to consumers bombarded with images of girls treated as purely sexual objects.

**Shadya (DVD) Markham Campus**

HQ1728.5 .S53 2007

53 minutes

Shadya Zaobi, like most 17-year-old girls, enjoys listening to music and hanging out with her friends. But unlike most other girls, Shadya is also a world champion in karate, a feminist in a male-dominated culture and a Muslim Arab living in Israel. This film tells her story over the course of two years, as she journeys from teenage girl to woman, from daughter to wife and from one family to another.

**Sharia in Canada (DVD) Markham Campus**

BP173.4 .S37 2006

88 minutes

In December 2004, the Boyd Report recommended that Ontario authorize Islamic tribunals based on the sharia, a system of justice directly inspired by the Quran. In September 2005, however, Ontario Premier Dalton McGuinty banned all religious arbitration, whether Muslim, Jewish or Christian. Over those 10 months, a heated debate played out across the country and revealed the contradictions of multiculturalism. Sharia in Canada examines the key issues, draws on a cross-section of opinions, and, in particular, seeks out the views of Muslim women.

**Sisters in law (DVD)**

K118.W6 S57 2005

104 minutes

A documentary record of a courtroom in Kumba, Cameroon, where a female prosecutor and judge work to put an end to their community's tacit acceptance of child abuse, wife beating and rape.

**Skin deep. 6, Tattoos and body designs King Campus**

GT2343 .S54 2000

23 minutes

Series explores the desire of people to surgically alter their bodies in order to feel more beautiful. This segment looks at tattoos and their various meanings to different people by talking with a renowned body artist and a woman who records her spiritual journey on her body through tattoos and piercings.

**Slim hopes: advertising and the obsession with thinness**

RC552.E18 K54 1995

30 minutes

RC552.E18 K54 2002 *York Campus*

Slim Hopes offers an in-depth analysis of how female bodies are depicted in advertising images and the devastating effects of those images on women's health. Addressing the relationship between these images and the obsession of girls and women with dieting and thinness, the program offers a new way to think about life-threatening eating disorders such as anorexia and bulimia, and a well-documented critical perspective on the social impact of advertising.

**Speak out: I had an abortion (DVD)**

HQ767.15 .S43 2005

55 minutes

Features several women, aged 21 to 85, who have had abortions and captures their stories and experiences.

**Stalking: hunting the hunter King Campus**

HV6594 .S72 2001

15 minutes

Focuses on stalking and how the police deal with it. Emphasizes how serious a crime it is because it often accelerates to abduction, sexual assault and murder. Defines stalking legally and identifies the types of stalkers. Shows safety planning for the victim.

**Stephen Lewis: the man who couldn't sleep (DVD) *King Campus***

RA643.86.A35 S47 2006 45 minutes

As Lewis travels to Africa, we witness the challenges first hand and his search for solutions to the pandemic ravaging the continent. After years of denial, there is now a new willingness on the part of African leaders to confront the disease. This film is about fights and women's rights against AIDS.

**Still killing us softly, advertising's image of women**

HF5827 .S765 1987 32 minutes

Explores the relationship of media images to various problems in society, emphasizing the continuous assault on the self-images of women, men and children.

**Straightlaced: how gender's got us all tied up (DVD)**

HQ1075.5.U6 S77 2009 67 minutes

Meet 50 incredibly diverse students who take us on a powerful, intimate journey to see how popular pressures around gender and sexuality are shaping the lives of today's American teens ... Demonstrates how gender-based expectations are deeply intertwined with homophobia, and also are impacted by race, ethnicity and class. From girls confronting popular messages about culture and body image, to boys who are sexually active just to prove they aren't gay, STRAIGHTLACED reveals the toll that deeply-held stereotypes and rigid gender policing have on all of our lives, and offers both teens and adults a way out of anxiety, fear, and violence.

**Survivor's guide to freedom from violence (DVD)**

HV6626.23.C2 S87 2009 23 minutes

One in four Canadian women is affected by intimate partner abuse and every week in Canada at least one woman is murdered by her partner. Survivor's Guide to Freedom from Violence is a Canadian documentary that inspires, informs and guides women on their journey towards violence-free lives.

**To have and to hold**

HV6626 .T62 1998 40 minutes

Shown originally on the television program Rough cuts. Discusses the domestic assault of women (wives, children). Shows women, their stories of escape from abuse; what kind of help they can expect from police, justice; discusses psychological and criminal justice perspectives.

**Toward intimacy *King Campus***

HQ30.5 .T6 1992 62 minutes

Four disabled women from across Canada share their personal experiences and raise important issues including sexuality, self-esteem, stereotyping and parenting.

**Transitions through the perimenopausal years (DVD) *King Campus***

RG186 .T73 2003 46 minutes

The largest number of women in history are in their 40's and 50's - an age of profound physical and emotional change. This video is an informative and entertaining look at what they are experiencing and some of the choices they can make. It deals with how to handle sleep-disturbing night sweats, mood swings, and health issues like heavy bleeding and osteoporosis.

**Truth and betrayal (DVD)**

BJ45 .T78 2003 18 minutes

What do you do with a secret that's not yours? When is revealing the truth considered betrayal? Does the value of truth outweigh the cost? Truth and Betrayal transports the view into the consciousness of James Hurd -- an 18-year-old faced with important decisions. This film contains scenes with violence and coarse language that could offend some viewers. It deals with mature and controversial issues such as stereotypes, abuse, crime, and justice.

**Under one sky: Arab women in North America talk about the hijab**

HQ1170 .U52 1999

44 minutes

To Western eyes, the veil is one of the most contentious symbols of Middle Eastern culture. Against a backdrop of ads and Hollywood movies that exoticize or demonize the Middle Eastern woman, this film presents some very modern Arab women who trace their history from early colonialist missions to post-Gulf War feminism. Informed and articulate, these women reveal the ideologies behind the veil with passionate insight and flair.

**Under the willow tree pioneer Chinese women in Canada (DVD)**

FC106.C6 U53 1997

52 minutes

Tells the stories of the first Chinese women to come to Canada and of subsequent generations of Chinese Canadian women.

**Understanding sexual violence (DVD) King Campus**

KF9329.Z9 U931 2003

243 minutes

NJEP has adapted its highly regarded video curriculum, *Understanding sexual violence: the judge's role in stranger and nonstranger rape and sexual assault cases* for DVD. This DVD version is augmented with a segment on the neurobiology of trauma and an associated website with a searchable annotated database.

**The "undetected" rapist: understanding sexual violence (DVD) King Campus**

KF9329.Z9 U53 2000

7 minutes

Excerpted from a video/workbook curriculum titled "Understanding sexual violence: the judge's role in stranger and nonstranger rape and sexual assault cases."

A video re-enactment of an interview, with "Frank", a pre-law student, conducted by Dr. David Lisak, Associate Professor of Psychology, and Director of the Men's Sexual Trauma Research Center at the University of Massachusetts-Boston. The research focuses on the psychological factors of male rapists who have not been indicted or convicted.

**Vendetta song (DVD)**

PN1995.9.D6 K3 2005

52 minutes

A young filmmaker travels deep into eastern Turkey, the heartland of her Kurdish ancestors, to investigate the unresolved murder of her aunt.

**Violence against women prevention interpreter program**

KE8212 .V56 2000

31 minutes

Discusses constituent tasks involved in interpreting, qualifications of interpreters and how to most effectively use their services in different situations.

**Western eyes King Campus**

BF697 .W45 2000

40 minutes

Examines the search for beauty and racial identity through the stories of Maria Estante and Sharon Kim, young women of Asian descent contemplating cosmetic eye surgery. Both believe their looks, specifically their eyes get in the way of how people see them.

**Whatever floats your boat (DVD)**

HQ759 .W557 2005

53 minutes

To be or not to be...a mom? That is the question of the weekend as a group of women set sail on a houseboat. The mother of all topics comes to the surface with courage and candor in this personal exploration about the choices and responsibilities associated with the motherhood decision. Also on the documentary DVD is a sample facilitated discussion.

**Who's counting? Marilyn Waring on sex, lies & global economics** *York Campus*

HC79.I5 W3845 1995

95 minutes

Marilyn Waring was elected to the New Zealand parliament in 1975. She was re-elected 3 times and blazed a trail that eventually brought down her own government and launched her as the foremost spokesperson for global feminist economics.

**Wife assault**

HV6626 .W5415 1992

27 minutes

Part 1 is a workshop on the incidence of wife assault in Canada, the history of violence against women, and the different kinds of assault. Part 2 examines reasons why women remain in abusive relationships. Part 3 describes characteristics of abusers and victims and explains the Stockholm syndrome and how it applies to wife assault cases. Part 4 talks about how police and community services providers can work together effectively.

**Women in development** *King Campus*

HQ1240 .W6588 1996

25 minutes

Analyses the impact of gender roles in the lives of women in Vietnam, Micronesia, and the Solomon Islands. Focuses on women's health and education issues, and women and the environment.

**Women on the march. Part 1 and 2**

JF848 .W6 1992

59 minutes

Part 1: A film record of women at the turn of the century and of the suffragette movement's struggle for equal rights. Spearheaded by women like Emmeline Pankhurst, the movement was characterized by imprisonment, demonstrations, and a great following of men and women. Women of all classes, women working during the war, overseas and in North America, are presented in this fine documentary. Part 2: Made in 1958, this part of the film begins and ends in praise of women's acquisition of the vote. In between is a rendition of all the "equal" activities of women (and even more than equal in factory work).

**A woman's touch** *King Campus*

BT732.5 .H374 no.9

26 minutes

Discusses holistic treatment for the body, mind and spirit. Women discuss the necessity for a medical system that's more sensitive, more responsive to their needs and their concerns. Talks about overall state of our health care system.

**Wonder women (DVD)**

PN1997.5 .W66 2005

69 minutes

A riotous mix of ladies fresh out of their creators' imaginations. They're raring to go. These seven award-winning animation films reflect the richness of the human experience and the extraordinary in the ordinary.

**Workplace hustle: a film about sexual harassment of working women**

HD6060.3 .W67116 1987

30 minutes

Through interviews and a series of dramatic vignettes, program defines and discusses harassment of women at work showing what women can do if sexually harassed on the job.

**You are not alone: an intimate discussion with six young breast cancer survivors**

*King Campus*

RC280.B8 Y68 2002

38 minutes

Designed to help young women facing a diagnosis of breast cancer explore a variety of issues. By sharing their thoughts, feelings, ideas and management strategies related to their cancer experiences, these six young women provide you with their wisdom, insight as well as 'hot tips' from YSC members nationwide to help you through your diagnosis, surgery, treatment and post-treatment and communicating with your friends, family and co-workers.

**You can't beat a woman!** *King Campus*

HV6626 .Y678 1997

96 minutes

An unconventional cinematic exploration of violence against women. It is a documentary about journeys, journeys in and out of lives, to unique places, through history and over time.

*Last updated: June 2011*